



SPARTAN GAMES

AT

CHRIST COVENANT

CAMP



Dates

July 11-15, 9am-12pm & 1pm-4pm, Rising 7th-12th
August 1-5, 9am-12pm, Rising 1st-6th

Cost

\$175

From the Warrior... Discover what makes a Spartan a Spartan. Come and learn about ancient Spartan culture as you are taught to unlock your hidden strengths and abilities. Spartan games will take place in a "Tribe" setting, teaching participants to push themselves physically and mentally. They will experience physical conditioning, strategic thinking, confidence building, trust/team building. All the while learning how these elements launch students into Spartan Athletics. The final day will result in a Tribe vs Tribe challenge to showcase the skills they have learned. Are you up to the challenge?? If so then, Shields up Spartans!!



Curious about what lies ahead...search "Spartan Race" on YouTube and get pumped!

Coach Ange



I was born in Washington, North Carolina and graduated from Washington High School. I graduated with a degree in General Education and am a Certified Fitness Trainer by the International Sports Science Association. I also hold a degree

from Covenant Theological Seminary with a Bachelor's in Ministry and Biblical Studies. This is my seventh-year teaching at CCS. I teach P.E. as well as Old Testament and New Testament. I enjoy hunting, fishing, wilderness survival training and camping, and restoring and making handmade wooden furniture. Two things I am passionate about are helping others achieve their maximum potential and sharing the Gospel through the love of Christ.